Gender and life style: from puberty to elderly frailty

Matera (Italy), April 14-16, 2016

Organized by:
Regione Basilicata
Dipartimento di Scienze Università della Basilicata
Dipartimento di Scienze Biomediche Università di Sassari
Dipartimento di Medicina sperimentale, Sezione di Fisiopatologia Medica,
Scienza della Alimentazione ed Endocrinologia, Università Sapienza di Roma

Promoted by:

Palazzo Viceconte
Matera
**Introduction**

The meeting will evaluate several medical aspects of human life from an interdisciplinary perspective, specifically focusing on gender differences. The conference will examine the influence of lifestyle and age on gender aspects throughout life, from childhood to old age. A further objective will be to discuss gender differences in addiction. This has traditionally been considered a male problem, but the most recent studies demonstrate, at least in western countries, that both alcoholism and tobacco dependence are rapidly increasing in women - and even more alarmingly, in young women. There is thus a need for new preventive and therapeutic strategies to fully address addiction in both genders.

The conference will also evaluate new advances in therapeutic approaches to cardiovascular disease as well as diabetes mellitus and obesity, the new pandemia of the third millennium, in both men and women. New approaches to gender research in both preclinical and clinical studies are urgently required to address new health needs in both genders, in order to expand therapeutic aspects and improve individual quality of life as well as healthcare sustainability. Finally, the meeting will discuss ongoing national and international processes in gender medicine and the future of gender medicine itself, through the intersection of gender with independent factors such as age and lifestyle.

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**Presidents of the Meeting**

*Prof.ssa Flavia Franconi*  
*Prof. Andrea Lenzi*  
*Prof. Luigi Milella*
With the Patronage of
PRESIDENZA DELLA REPUBBLICA - (to be confirmed)
SIAMS (Società italiana di Andrologia e Medicina della Sessualità)
SIE (Società Italiana di Endocrinologia)
SIF (Società Italiana di Farmacologia)
CONFERENZA DELLE REGIONI E DELLE PROVINCE AUTONOME

Co-Presidents of the Meeting
Prof.ssa Flavia Franconi
Prof. Andrea Lenzi
Prof. Luigi Milella

Scientific Committee
Presidents: Basili S. (Rome, I), Campesi I. (Sassari, I), Migliaccio S. (Rome, I), Montella A. (Sassari, I)


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Organizing secretariat and CME provider
AVEC S.r.l. - Incentive Paintings - Angela Volpe / Claudia Cislaghi
Via Lavoratori Autobianchi, 1 - c/o Polo Tecnologico Brianza - Edificio 9 - Ufficio 14
I-20832 Desio (MB), Italy
Phone: +39 0362 581579 – Fax: +39 0362 1860074
E-mail: angela.volpe@avec-eventi.com / claudia.cislaghi@avec-eventi.com
Thursday, April 14, 2016 - Afternoon

14.30  Registration

15.20 – 15.30  Welcome Address
De Ruggieri R. (Matera, I)

15.30 – 16.00  Opening Ceremony
Pittella M. (Potenza, I), De Filippo V. (Rome, I), Aurelia Sole (Potenza, I)

16.00 – 16.45  Opening Lecture
Chairpersons: Colao A. (Naples, I), Jannini E. (Rome, I)
Franconi F. (Potenza, I)
Gender Medicine: a new path for the appropriateness and sustainability of health care

16.45 – 18.30  Round Table: Addiction and gender
Chairpersons: Brunelleschi S. (Novara, I), Masini E. (Florence, I)
Agabio R. (Cagliari, I), Popoli P. (Rome, I), Smith C. (New York, USA),
Becker J. (Ann Arbor, USA), Nencini P. (Rome, I)

18.30 – 18.50  Rosano G. (London, UK)
Gender differences in the effect of cardiovascular drugs

18.50  Welcome Ceremony

Friday, April 15, 2016 - Morning

Chairpersons: Basili S. (Rome, I), Marino M. (Rome, I)

08.15 – 09.00  Regitz-Zagrosek V. (Berlin, D)
Cardiovascular diseases in women

Session I: Puberty and gender
Chairpersons: Fabbri A. (Rome, I), Di Luigi L. (Rome, I)

09.00 – 09.30  Gianfrilli D. (Rome, I)
Life style in the early life and infancy and prevention: gender aspects
09.30 – 10.00  Donini L. (Rome, I)  
Sex and gender aspects in anorexia and obesity during puberty

10.00 – 10.30  Pigozzi F. (Rome, I)  
Sport and doping in transition age: sex differences

10.30 – 11.00  Coffee break

Session II: Adulthood and gender
Chairpersons: Regitz-Zagrosek V. (Berlin, D), Buzzetti R. (Rome, I)

11.00 – 11.30  Seghieri G. (Pistoia, I)  
Gender specific feature of diabetes mellitus

11.30 – 12.00  Aversa A. (Catanzaro, I)  
State of metabolic diseases in men and in women

12.00 – 12.30  Isidori A.M. (Rome, I)  
Hormones and cardiovascular diseases: gender aspects

12.30 – 13.00  Caprio M. (Rome, I)  
Cardiovascular treatments: gender aspects

13.00 – 14.30  Buffet Lunch

Friday, April 15, 2016 - Afternoon

Session III: Gender and Elderly
Chairpersons: Mercuro G. (Cagliari, I), Seghieri G. (Pistoia, I)

14.30 – 15.00  Jannini E. (Rome, I)  
Sex differences and stress across the lifespan

15.00 – 15.30  Paolisso G. (Naples, I)  
Elderly frailty: gender differences?

15.30 – 16.00  Marcocci C. (Pisa, I)  
Pathophysiology of osteoporosis: gender aspects

16.00 – 16.30  Migliaccio S. (Rome, I)  
Osteoporosis and sarcopenia; gender aspects

16.30 – 17.00  Coffee Break
**Saturday, April 16, 2016 - Morning**

Chairpersons: Franconi F. (Potenza, I), Milella L. (Potenza, I)

**08.15 – 09.00**
Legato M. (New York, USA)
Closing Lecture: Gender medicine in the future

**09.00 – 10.30**
Round Table: Clinical Trials and Gender Aspects
Chairpersons: Klinge I. (Maastricht, NL), Cantelli Forti G. (Bologna, I)
Campesi I. (Sassari, I), Martini N. (Rome, I), Scatigna M. (Rome, I), Rochon P. (Ontario, FDA), Scott P. (Silver Spring, USA), Antonini P. (Rome, I)

**10.30 – 11.00**
*Coffee Break*

**11.00 – 12.30**
Round Table: Gender Medicine round in the world
Chairpersons: Legato M. (New York, USA), Lenzi A. (Rome, I)
Klinge I. (Maastricht, NL), Pittella G. (Bruxelles, B), Tannenbaum C. (Montreal, CND), Kublickiene K. (Stockholm, S)

**12.30-13.00**
Franconi F. (Potenza, I), Lenzi A. (Rome, I)
*Conclusions*

**13.00-14.00**
*Buffet Lunch*
GENERAL INFORMATION

Meeting venue
The meeting will take place at “Palazzo Viceconte”.
Via San Potito, 7 – 75100 Matera (Italy)
Phone: +39 0835 330699 – Fax: +39 0835 334141

Registration hours
The registration Desk will be open during the following hours:
Thursday, April 14: 01.30 p.m. to 07.00 p.m.
Friday, April 15: 07.45 a.m. to 06.00 p.m.
Saturday, April 16: 07.45 a.m. to 01.00 p.m.

Official language
English. Simultaneous translation will not be provided.

Registrations
No registration fee is required to attend the conference. Please return the registration form to:
AVEC S.r.l. - Incentive Paintings - Angela Volpe / Claudia Cislaghi
Via Lavoratori Autobianchi, 1 - c/o polo tecnologico Brianza - edificio 9 - ufficio 14
20832 Desio (MB, Italy)
Phone: +39 0362 581579 – Fax: +39 0362 1860074
E-mail: angela.volpe@avec-eventi.com / claudia.cislaghi@avec-eventi.com

Congress website

CME Accreditation
The application for CME accreditation has been submitted for Italian physicians.
The CME credits will be awarded only after full attendance of all sessions.
Completion of the registration Form, the learning & assessment questionnaires are compulsory.

European Accreditation
An application has been submitted to the EACCME for CME accreditation of this event.

Technical facilities
A Slide center with pcs (Windows and Macintosh operating systems) will be available for Speakers to
preview and finalize their presentations.
Speakers are kindly requested to submit their presentations on USB flash drive to the Slide center
technicians at least one hour before their talks.

Slide Centre opening hours:
Thursday, April 14: 01.30 p.m. to 07.00 p.m.
Friday, April 15: 07.45 a.m. to 06.00 p.m.
Saturday, April 16: 07.45 a.m. to 01.00 p.m.

Lunches and coffee breaks
Lunches and coffee breaks will be provided within the conference premises.

Abstracts book
The participants will receive the abstracts Book at the conference.

Attendance certificate
The attendance certificate will be issued at the accreditation desk following full attendance at the
conference.
Registration form

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Matera (Italy), April 14-16, 2016

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RE: Informative note pursuant to art. 13 of Legislative Decree 196/2003

Dear Client, this is to inform you that the processing of your personal data will be carried out in our company in full compliance with Law /2003. As established by this law, the processing will be based on the principles of correctness, lawfulness and transparency in order to protect your confidentiality and rights.

1) Pursuant to art. 13 we inform you that the data collected will be used for the following purposes:
   a. Organization of events, travel incentives, congresses and conventions: performance of bureaucratic procedures, reservation of tickets for transport, hotels, tourist services; organisational logistics, etc., and/or performance of accreditation procedures (ECM);
   b. Taxation and accounting obligations;
   c. Operational and managerial requirements;
   d. Possible forwarding of informative and promotional material relating to our sector in printed form or electronically.

2) For data required to fulfil obligations envisaged by law, regulations and Community legislation or provisions issued by legally empowered authorities and vigilance and control bodies, and to perform our business activities and fulfil our accounting, taxation and corporate organisational obligations, we are not required to obtain your consent and failure to provide such data will make it impossible to continue the relationship to the extent that said data are necessary for performance of the same. The purchase of products and services marketed by AVEC SRL enables the latter to forward informative, advertising and promotional material relating to its sector of expertise in compliance with the methods indicated in point 1/d), pursuant to art. 130 subsection 4 of Legislative Decree 196/2003 and point 6 of the provision 'Simplification of certain requirements in the public and private domain concerning data processing for administrative and accounting purposes' - 19 June 2008 GazzettaUfficiale (Official Bulletin) no. 152 dated 1 July 2008. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind. The providing of personal data in order to receive advertising and informative material relating to our area of expertise either in printed form or electronically is entirely optional. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind.

3) The personal data are processed by the persons in charge who are assigned to said processing in order to ensure correct fulfilment of the purposes indicated in point 1) via electronic instruments and printed files, also via use of safety measures aimed at guaranteeing the confidentiality of the personal data and preventing undue access by unauthorised subjects. Said data will not be subject to disclosure. Data may be disclosed to the following subjects in their capacity as autonomous data processing controllers and/or in charge of external processing:
   - accountants for bookkeeping and taxation obligations;
   - attorneys for legal assistance for contractual purposes and management of litigation;
   - entities/companies which collaborate with our company in the various sectors, for reasons strictly connected to the purposes set forth in point 1;
   - banks and credit institutions.

You may contact the processing controller and persons in charge in order to exercise your rights as set forth in article 7 of Legislative Decree no. 196/2003, that is, the confirmation of the existence or otherwise of the data concerning you, the erasure, anonymization and blocking of data that has been processed unlawfully, the updating, rectifying or integrating of data, certification to the effect that the operations have been notified to the entities to whom or which said data were communicated or disseminated. The right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, by only objecting for example to the sending of promotional communications with the help of automated means. All requests may be forwarded by email to: info@avec-eventi.com by phone to: 0362/581579, or by fax to 0362/1860074.


5) The person in charge of the processing is: **Volpe Angela**

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**If you do not wish to receive such material mark a cross in the box alongside and send this informative note back to us by email or fax duly signed and stamped.** The interested party’s right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, for example by only objecting to the sending of promotional communications with the help of automated means. Therefore, in the case of any objections, we invite you to specify in detail®, whether you intend to totally object to the purposes in 1/e, or only to some of the methods (e.g. objection to sending by fax or email etc.). In case of a general objection then you will not be contacted personally, telephonically or by email in relation to the promotional activities and initiatives proposed by the company.

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Avec and Fondazione Internazionale Menarini, as data controllers, informs you that any personal data you provide, or any data lawfully received by third parties, will be used in connection to your participation to the Congress and/or to provide you with information regarding any other compatible activities organized by us. Your image, taken during the event, may be reproduced in videos and photos of the event and published on the website and social networks of Fondazione Internazionale Menarini (and on the website and social networks of the event, if any)
Data treatment shall mean any operation, or set of operations, carried out with or without the help of electronic or automated means, and must guarantee the confidentiality and security of your personal data.

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The provision of your personal data for purposes related to your participation to the congress, including the publishing of images, is obligatory, but refusal will prevent your participation to the congress. Otherwise, said provision aimed at sending free documentation for other initiatives of Fondazione Internazionale Menarini or Avec is optional, but refusal will not allow you to be informed on future training events conducted by us.

You have the right in any moment to access, correct, integrate, refuse the treatment pursuant to section 7 of the Legislative Decree no. 196 of 30 June 2003 addressing any requests to: AVEC Vial Lavoratori Autobianchi 1 20832 Desio (MB) or to Fondazione Menarini Centro Direzionale Milanofiori 20089 Rozzano (MI) Edificio L - Strada 6

I have read the above data protection notice and I agree with its terms.

Date:___________________________________
Signature for acceptance_______________________________